

2004

LIFEGUARD TRAINING

This **Red Cross Lifeguard Training** course is designed to train students in aspects of lifeguarding. Pre-requisites: Participants must be 15 years old or older on or before 3/27/04 • Swim 500 yards continuously using front crawl for 200yds, breaststroke for 100yds, then front crawl or breaststroke for 200yds • Swim 20 yards and submerge to a minimum depth of (7) feet to retrieve a 10 pound object, then return to surface and swim 20yds to wall while holding object in hands • These pre-requisites must be completed at the first class in order to continue the course. Standard First-Aid and CPR for the Professional Rescuer are included in this training program. Participants who complete the class and pass the swimming and written tests will receive an American Red Cross Lifeguard Training Certificate. A choice of two classes is offered. **Attendance at all class sessions is required.** Class sizes are very limited and will fill quickly. Gilbert residents will receive a registration priority. Touch Tone registration (503-6225) is recommended. For more information, call (480) 503-6200.



CLASS A - Class Code # 27551

Monday, March 1 5-8:30pm
 Wednesday, March 3 5-8:30pm
 Saturday, March 6 8-11am
 Monday, March 8 5-8:30pm
 Wednesday, March 10 5-8:30pm
 Monday, March 22 5-8:30pm
 Wednesday, March 24 5-8:30pm
 Saturday, March 27 8-11am
 Monday, March 29 5-8:30pm

Mesquite Aquatic Center, 100 W. Mesquite
 Course Fee: \$100 (includes books & CPR mask)

CLASS B - Class Code # 27552

Tuesday, March 2 5-8:30pm
 Thursday, March 4 5-8:30pm
 Saturday, March 6 11:30am-2:30pm
 Tuesday, March 9 5-8:30pm
 Thursday, March 11 5-8:30pm
 Tuesday, March 23 5-8:30pm
 Thursday, March 25 5-8:30pm
 Saturday, March 27 11:30am-2:30pm
 Tuesday, March 29 5-8:30pm

Mesquite Aquatic Center, 100 W. Mesquite
 Course Fee: \$100 (includes books & CPR mask)

Program Registration Timeline

Lifeguard Training

Mail-In Begins

1/27/04

Resident Touch Tone Begins

1/27 at 8am

Non-Resident Touch Tone Begins

2/5/04

Late Walk-In (if available)

2/17/2004

GILBERT PARKS & RECREATION REGISTRATION FORM *ONE PERSON PER FORM!*

Additional forms at www.ci.gilbert.az.us/forms/index.htm or photocopy this one

Participant's name _____ ☐ Male ☐ Female Birthdate _____ if under 18 _____ Grade _____
☐ New address
 Address _____ City _____ Zip _____ First & last name _____
 Phone (h) _____ (w) _____ (cell) _____ (email) _____
 Emergency Contact _____ Phone _____

T-shirt size
 For Wrestling Camp only
 (Summer/Fall/Holiday)
☐ Youth (14-16)
☐ Adult S
☐ Adult M
☐ Adult L
☐ Adult XL

CLASS CODE#	NAME OF CLASS/ACTIVITY	DAY	TIME	FEE
	LIFEGUARD TRAINING			\$100

TOTAL _____
One payment per family please

PARTICIPANT RESIDENCY

(Please indicate below)

☐ GILBERT RESIDENT

NON-RESIDENT

☐ County/County Island

☐ Other _____

Credit Card Payment

☐ MasterCard

☐ Visa

CC# _____

Expiration Date _____

Name on Card _____

(Please Print)

I agree to the terms and conditions of this agreement and waive all rights to charge back any amount on my card.

Authorized Signature _____

Please make checks payable to:
 "TOWN OF GILBERT"

Mail To: Gilbert Parks and
 Recreation
 70 E. Civic Center Drive
 Gilbert, AZ 85296

FOR OFFICE USE ONLY

Date rec. _____ Staff _____

Check # _____ / \$ _____ Cash \$ _____

Prev. Credit \$ _____ Credit Card \$ _____

Refund | Credit Acct | Credit Card

Date Issued: _____ By: _____

Assumption of Risk & Release of All Claims & Notice

I allow my child, and/or myself, to participate in this program. We release the Town of Gilbert and its employees of any liability, claims or demands, which we may have hereafter have as a result of participating in recreational activities, using recreational facilities, or being transported to events as part of this program. I understand that the Town of Gilbert has no medical insurance for this program. I understand there are risks involved with strenuous physical exertion as part of this program, including serious injury. I certify that my child's and/or my own physical condition is satisfactory to participate in physically demanding activities. I am at least 18 years of age. I also give permission for any photos/video taken of participants to be used by the Town of Gilbert.

Signature _____

Date _____

**REGISTRATION WILL NOT BE
 PROCESSED WITHOUT SIGNATURE!**